Sailing knot work

Core knots to practice:

* Figure 8
* Cleat hitch
* Clove hitch
* Round turn and two half hitches
* Rolling hitch (both variations)
  + <https://www.youtube.com/watch?v=Tds5Wp71xp0>
* Square knot
* Sheet bend, Double Sheet bend
  + Recall sheet bend should be used with ropes of uneven width with the larger rope taking the bight side
* Bowline
  + Free end comes from under side of working end of loop, around the standing end, and then back out. “From the working end around the standing”
* Alpine butterfly
* Double Dragon
  + <https://www.youtube.com/watch?v=gWhLCM3Hm7U>
* Trucker’s Hitch
  + <https://www.youtube.com/watch?v=JBh7_cw2-1s>
  + TBD the advanced technique he shows
* Coils
  + Self hanging circular and figure 8
  + Goofy ears technique and diff ending for standalone and wench
    - <https://www.youtube.com/watch?v=Jklqd_DwnWo>
* TBD Knots to learn
  + Midshipman’s hitch
  + Halyard hitch
  + Slippery half hitch
  + Lasso’ing a cleat hitch
    - <https://www.youtube.com/watch?v=Kl8-1ZZIlGs>